

IB Learner Profile: Risk Taker

The biggest risk is not taking one at all.

The IB learner profile aims to develop students who are risk-takers. Students who are risk-takers are able to approach unfamiliar situations abs uncertainty with courage and forethought. They have the independence of spirit to explore new roles, ideas, and strategies. Risk-takers are brave and articulate in defending their beliefs.

## **Animated Short Films**

Animated short films are an excellent resource for discussing risk-taking with your child. Short films are found to increase motivation through their engaging topics, visual nature and ability to evoke emotion. They make you want to laugh and cry which provides an unique opportunity for thoughtful discussion and reflection. The lack of spoken language allows these films to be accessible to all learners.

Below are three short films that allow for powerful conversation and thinking. Start with these questions to provoke thinking before viewing:

- What is the connection between risk-taking and creativity?
- How do we know we are really taking a risk?
- What's the difference between positive and negative risk-taking?
- https://www.smore.com/app/reporting/out/pj68t?u=https%3A%2F%2Fvimeo.com%2F2676617&t=https://vimeo.com/2676617&w=w-3408530125&i=&l=l-8246841299
- https://www.smore.com/app/reporting/out/pj68t?u=https%3A%2F%2Fwww.youtube.com%2Fwatch %3Fv%3DvPuRBiBCxyk&t=https://www.youtube.com/watch?v=vPuRBiBCxyk&w=w-3408530125&i=&l=l-3991936812
- https://www.smore.com/app/reporting/out/pj68t?u=https%3A%2F%2Fyoutu.be%2FUUlaseGrkLc&t=https://youtu.be/UUlaseGrkLc&w=w-3408530125&i=&l=l-8798556596

## How can parents help to develop students who are Risk-Takers at home?

- If your child is feeling uneasy about trying something, encourage them to attempt it and have them reflect on how it felt.
- Set short term goals. Consider activities that push your child out of their comfort zone. Encourage them to offer their opinion, spend time learning a new activity, try a different food, learn a new game or even to spend time with someone they don't usually spend time with.
- Explain the difference between being a risk-taker (trying new things) and engaging in dangerous activities.
- Ask, "What's the hard part?" to identify the challenge and brainstorm ways to fix it.
- Click on the link for more suggestions: <a href="https://biglifejournal.com/blogs/blog/activities-grit-resilience-children">https://biglifejournal.com/blogs/blog/activities-grit-resilience-children</a>